

## Wednesday, Jan.1

BSAC and BAH office closed.

#### Wednesday, Jan. 8, 1-3 p,m, BSAC

**BAH Volunteer Training.** Volunteers are asked to read the volunteer handbook and fill out the application form (available in the office or on the website:

http://BellinghamAtHome.org).

#### Thursday, Jan. 9, 2-4 p.m.

# **Gifts of Age Conversation Group:**

Discussion topic is Letting Go. Meets at Angela Mercy & Nick Waslenko's home. Call 360-603-0064 for information and directions.

## Thursday, Jan. 9, 1 p.m. BSAC Rm. 16

Grandparents & Elders Wisdom Sharing Project: See your BSAC bulletin for details.

#### Monday, Jan. 13, 4-6 p.m.

Member Meet-up, aka Slow-Mo Brewery Crawl: Kulshan Brewery's Sunnyland Beer Garden, 2238 James Street.

# Thursday, Jan. 16, 9:50 a.m.-12:00 p.m.

**Smart Trips Guided Bus Trip:** Leave BSAC and ride to the mall for Walk & Chat. Space is limited, so RSVP at 360-756-8747. See your BAH newsletter for details.

January 2020 – Calendar of Events						
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

## Tuesday, Jan. 21, 11:45 a.m.

**Lunch Bunch:** Northwater, 4260 Mitchell Way. Call Janet Simpson, 360- 671-9713 if you know you're coming.

# Wednesday, Jan. 22, 1:30-3:30 p.m.

**Book Group:** Selection is Alice Hoffman's *The Rules of Magic*. We meet at the new home of Jan Claussen. Contact Jan at janice@janice32.com for directions and to let her know you're coming.

# Wednesday, Jan. 29, 1 p.m., BSAC Rm. 16

**BAH Open House:** Members are invited to join with prospective members and help by sharing what you know and like about our village.

# Wednesday, Jan. 29, 2:30-4 p.m., BSAC Rm. 16

Programs for Family Caregivers from the Alzheimer's Association. Know the 10 Signs: Early Detection Matters. See your BSAC bulletin for details.

Classical Music Group: for information about the next meeting, call Joan Dow, 360-592-4345.

Looking ahead:

### Tuesday, February 18, 9:50 am-2:25 p.m.

**Lunch in Lynden Bus Trip.** Meet at BSAC. See your January BAH newsletter for details.