

## Thursday, Sept. 5, 1-3 p.m.

Academy for Lifelong Learning Fall/Winter Program Preview at the Bellingham Cruise Terminal. For more information: <a href="https://ee.wwu.edu/academy-lifelong-learning-bellingham">https://ee.wwu.edu/academy-lifelong-learning-bellingham</a>.

# Saturday, Sept. 7, 1-4 p.m.

Annual BAH Potluck at the Cedar Grove modular home park. BAH will provide chicken, coffee, and tea. Please bring your favorite dish for sharing (appetizers, mains, sides, salads, desserts, beverages). See the September newsletter for more details re location and parking.

#### Monday, Sept. 9. 4-6 p.m.,

Member meet-up, aka Slow-Motion Brewery Crawl at Twin Sisters Brewing Company, 500 Carolina St.

# Wednesday, Sept. 11, 3-5 p.m., BSAC

**BAH Volunteer Training Session:** You must be registered for these sessions, so please call the office ahead of time.

# Thursday, Sept.12, 2-4 p.m.

**Gifts of Age Conversation Group:** Meets at Angela Mercy & Nick Waslenko's home. Call 360-603-0064 for information and directions.

### Tuesday, Sept.17, 11:45 a.m.

**Lunch Bunch:** Five Columns, 1301 E Maple St. Call Janet Simpson, 671-9713 if you know you're coming.

September 2019 – Calendar of Events						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

#### Thursday, Sept. 19, 3 p.m, BSAC Rm 16

**Volunteer Social**. Please note that this is a change from the date previously announced. The theme for this event is *Meet the LC*. See more details in the September newsletter

# Monday, Sept. 23, 11 a.m., BSAC Rm. 16

**Fall Prevention Strategies:** A presentation by Elaine Cress on how to reduce the risk of falling, part of BSAC's recognition of the National Council on Aging's Falls Prevention Awareness Day.

### Wednesday, Sept. 25, 2 p.m., Nanette's home.

Book Group: The day has been permanently changed to the fourth Wednesday. The selection for this month is Barbara Kingsolver's saga, "Unsheltered." Call Nanette (360-671-1686) for directions and to let her know if you're planning to come so there are enough snacks to go around!

**Music Group:** No meeting in September. Group will resume in October. Call Joan Dow for information, 360-592-4345.

**Writers Group:** The group is still meeting. Call Jane Pryce for information, 360-441-1473.

**Public Outreach Event:** Being planned for late September. Watch for an e-blast with further information.