



March 2019 – Calendar of Events

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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Tuesday, March 5, 11 a.m.-12 p.m., BSAC Rm 16

BAH Outreach Meeting: Members are invited to join with prospective members and help by sharing what you know and like about our village. There will be a brief presentation by our Outreach committee. Invite someone who might be interested in our community.

Thursday, March 7, 1:30-3:30 p.m., BSAC Rm 16

End-of-Life Planning Workshop, Part 2: Bellingham At Home offers a free two-part workshop to help us prepare to make our own choices about how we die, and talk openly about those choices. Facilitated by Nancy Simmers, a member of BAH's Health Partnership Committee. Please register ahead of time with the BAH office or at BSAC's front desk.

Wednesday, March 13, 10 a.m-3 p.m. BSAC

Housing Options As We Age: Tap into a wealth of information on housing options for seniors in Whatcom County at this free BSAC event. Janet Simpson and Allen Johnson of our Leadership Council will present a session on Bellingham At Home at 1 p.m., and BAH will have a table in the lobby along with other local organizations.

Wednesday, March 13, 1-3 p.m., BSAC Rm 9

BAH Volunteer Training Session: Call the office, 360-746-3462, for details.

Thursday, March 14, 2-4 p.m.

Gifts of Age Conversation Group: Meets at Angela Mercy & Nick Waslenko's home. Call 360-603-0064 for information and directions.

Thursday, March 21, 1-2:30 p.m., BSAC Rm 16

BAH Volunteer Social: An opportunity to get to know your fellow volunteers, chat informally and enjoy light refreshments. Don't be surprised if there's a bit of a Valentine theme (we rescheduled from Feb. 13). We look forward to sharing some snacks and stories with you!

Friday, March 22, 2 p.m.

Book Group: Join our Book Group on the 4th Friday of the month, March 22, to read, review and deeply appreciate Joan Halifax's meditation on "Being with Dying." Our group is still working on the themes of Health, Illness and Transition. We welcome old and new members to this superb opportunity for sharing our reading.

We'll meet at Nanette Davis' home. Call her (360-671-1686) for directions and to let her know you're coming. Call BAH if you need a ride (360-746-3462).

Looking Ahead

Thursday, April 4, 1-2 p.m. BSAC Rm 16

BAH Public Outreach Meeting

Wednesday, April 10, 1-3 p.m. BSAC Rm 2

BAH Volunteer Training