

**Lunch Bunch** has been discontinued because of very low participation.

### Wednesday, Jan. 30, 1-2 p.m., BSAC Rm 16

**BAH Outreach Meeting:** Members are invited to join with prospective members and help by sharing what you know and like about our village. There will be a brief presentation by our Outreach committee. Invite someone who might be interested in our community.

### Wednesday, Feb.13, 1-2:30 p.m., BSAC Rm 16

**BAH Volunteer Appreciation:** An opportunity to get to know your fellow volunteers, chat informally and enjoy light refreshments.

### Wednesday, Feb.13, 3-5 p.m., BSAC Rm 2

**BAH Volunteer Training Session:** Call the office, 360-746-3462, for details.

### Thursday, Feb.14, 2-4 p.m.

**Gifts of Age Conversation Group:** Meets at Angela Mercy & Nick Waslenko's home. Call 360-603-0064 for information and directions.

### Wednesday, Feb. 20, 10 a.m-3 p.m. BSAC

**Housing Options As We Age:** Tap into a wealth of information on housing options for seniors in Whatcom County at this free BSAC event.

Janet Simpson and Allen Johnson of our Leadership Council will present a session on Bellingham At Home, and BAH will have a table in the lobby along with other local organizations.

February 2019 – Calendar of Events						
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

## Friday, Feb.22, 2 p.m.

Book Group: There's still time for you to order February's BAH book selection, "No Time to Spare" by Ursula K. LeGuin, who has taken readers to imaginary worlds for decades. Now she's in the last great frontier of life, old age, and exploring new literary territory with wit, compassion and criticism. When asked by a reader what she does all day, LeGuin answered, "I cannot find anywhere in my life a time or a kind of time that is unoccupied." Her life remains abundant with activities, for as she comments, "I am going to be 81 next week. I have no time to spare." Ursula LeGuin speaks to all of us in our aging years with this superb collection of writings.

Join us at Nanette Davis' home. Call her (360-671-1686) for directions and call BAH if you need a ride (360-746-3462).

#### Thursday, Feb.28, 1:30-3:30 p.m., BSAC Rm 16

End-of-Life Planning Workshop, Part 1: Bellingham At Home offers a free two-part workshop to help us prepare to make our own choices about how we die, and talk openly about those choices. Facilitated by Nancy Simmers, a member of BAH's Health Partnership Committee. Please register ahead of time with the BAH office or at BSAC's front desk.

# **Looking Ahead**

Tuesday, Mar. 5, 11 a.m-12 p.m., BSAC Rm 16

**BAH Public Outreach Meeting** 

Thursday, Mar. 7, 1:30-3:30 p.m., BSAC Rm 16

**End-of-Life Planning Workshop, Part 2** 

Wednesday, Mar. 13, 1-3 p.m. BSAC Rm 9

**BAH Volunteer Training**